

**What is strong?** The assets active locally to support people to maximise and manage money for low income households; promote good mental health and emotional wellbeing; and encourage people to move more often.



## Starting well

Auntie Pam's  
 Money Management event/BRASS  
 Baby Cafes – set up as preventative.  
 Safe and neutral spaces in libraries  
 Children's Centres Advisory Groups  
 Dews & District League of Friendship – Arts & Crafts  
 Buggy fit  
 Baby yoga – Mini Me Time, Mirfield  
 School money projects in Dewsbury  
 Ravensthorpe – community centre – young people  
 Ravensthorpe Young people's centre providing Saturday afternoon drop in  
 Schools as Community Hubs  
 Community learning projects – cooking on a budget  
 Dewsbury Rugby Club  
 Community links



## Living/ working well

Dewsbury Moor Rugby Club developed women's rugby  
 Dewsbury Park Run  
 Cycling on the greenways (street bikes)  
 3,2,1 routes for walking and jogging for local people to use  
 Sports buddies - help to access activity  
 Chair exercise – yoga – Mirfield Library  
 Potential to develop park runs  
 Welly Walk – Crow Nest Park  
 Boothroyd Academy Provision of adult learning  
 Fusion looking to set up volunteer hubs  
 Minster – free sandwich and hot drink in Refectory (c. 12 people a day use it).  
 Step by Step – transitional support.  
 Travel companions – to access out and about travel



## Ageing well

Christians against Poverty  
 Home Heat Helpline  
 Ravensthorpe and Hopton United Reformed Church coffee mornings attract older residents  
 PKWA centre men's sheds project to reduce isolation, promoting interaction  
 Libraries – Bibliotherapy work with those with dementia and learning disability  
 Tea dances in town halls



## Across the life course (applies to all ages)

Energy Saving Trust Advice Centre  
 CAP Money - Debt Courses in Kirklees  
 The Pension Service  
 Junk Food project  
 Friends of Mirfield Library  
 Local Welfare Team  
 Lifelong learning – incl. cooking skills etc.  
 Greenwood Centre access to whole range of services.  
 Thornhill Lees Mindfulness sessions  
 Mirfield walking groups  
 Friends of Mirfield Library are bringing together 100's of local groups together  
 Savile town – Kumon Y'All key group in bringing different communities together  
 KAL – swimming  
 Mental Health First Aid – 160 free places across Dewsbury and Mirfield.  
 Thornhill: Four very well established sports groups  
 Savile Town women's Association all sessions run by qualified local Asian females.

## What assets could be developed? What sort of things might work? How could the people in need be reach?

Reduce stigma associated with food banks.  
 Needs more voluntary capacity to distribute unused food etc.  
 Need to give projects longer to succeed; build connections and trust  
 Need to stick around long enough to build connections and trust, etc.  
 Give it time.  
 Expand LAP across Kirklees in Libraries.  
 Citizens Advice queues  
 Using key members in communities to pass on/share information

Need Credit Union Money Management in schools/use school as community hubs  
 Libraries – Ongoing Access needed  
 Developing Self Esteem in libraries  
 Lack of continuity of staff gets in way of helping make things happen or joining things up.  
 Libraries can be a source of information on what's on offer locally.  
 Good communications across services, organisations & groups

Support for families to eat better particularly in areas of deprivation  
 Would be useful to know what is under threat in the area → opportunity to amalgamate  
 Fear of joining clubs  
 Should be promoting social & cultural hub of community -Mirfield Library  
 Potential to develop school hubs and facilities

**Assets should:** Provide opportunities for people to have a say, Build people's skills and knowledge, Enable people to interact more with others, help build self resilience, be clear how people can access assets, communicate their offer to their target audience, be aware of barriers to access for people.