

What is strong? The assets active locally to support people to maximise and manage money for low income households; maximise use of local green spaces and other asset to improve mental wellbeing and increase physical activity levels; and maximise independence of people with long term conditions and support their wellbeing and that of their carers.



Starting well

Children's Centre- family forum groups
 Auntie Pams- wide range of support
 Women's wellbeing programme by Healthy hearts group in Birkby
 Libraries- exercise groups, healthy walks, baby weigh-ins
 Reach Project at New North Rd support/advice/cooking together
 Schools as Community Hubs
 Community learning projects – cooking on a budget – children and parents together
 Barnardos Young Carers offer support to individual carers.
 PCAN (Parents of Children with Additional Needs) independent parent led forum
 Short break activities funded by Kirklees for young people/carers.



Living/ working well

Walking groups- Birkby led by volunteers- (walk leader trained)
 Archery group- Lockwood mosque- working towards being outdoors
 Zumba/Bollywood run by residents and TAG- Thornton lodge and Birkby
 Friends of Norman park programme of education and events in the park
 Street Bike Project across Kirklees
 The Brunswick Centre- allotment project for men with HIV/Aids
 Groundwork- Paddock
 Connect Housing- Lockwood getting residents gardening/playing football
 Blue sky team- adults with learning difficulties- support the group to be independent
 Honezz diabetes support service- St Johns road
 Job clubs- libraries
 Paddock Community Trust
 611 centre for refugees and Oasis centre
 KNH- tenants into work scheme and money advice team
 Better off Kirklees - Web



Ageing well

Froglife conservation and men's mental health project
 S2R's 'The Great Outdoors' volunteering project
 PALS, Moving More Often, Active for Life, Steps for Life
 Bibliotherapy sessions – Active Ashbrow,
 Community Art group- Hudd's library
 Christians against poverty- community church debt advice and planning and home visits
 Age UK Safe & Warm project
 SAFER project run by West Yorkshire Trading Standards
 Kirklees Libraries house bound service
 Nearly Neighbours- Age UK- befriending
 Intergenerational projects –St Cuthbert's church
 Dementia Groups, Huddersfield Station support
 Dementia support- park walk for people and their carers
 Luncheon Clubs in Sheltered Housing
 RVS/YCC Falls project with befrienders



Across the life course (applies to all ages)

Fine Project- cooking courses
 Shirley Farm – Newsome local producer, cooking courses
 Food for life in schools (Ashbrow now gold standard)
 KNH Community Centres
 Cook & Eat sessions
 Volunteer service & Volunteering
 Kirklees- coordinate volunteers
 S2R- Allotment activities- Paddock run them
 Carers Counts, carers champions @GPs
 Welcome Centre Huddersfield town centre- cheap café/ advice and support/ food bank
 Greenhead Park Run, Tolson Park Run
 Greenhead- Bowling, Tennis leagues – big interest
 Friends of Beaumont park – events
 environmental conservation

What assets could be developed? What sort of things might work? How could the people in need be reach?

Support for funding to gain access to computers and training
 More work with private owners and tenants required (KNH been doing a lot of work)
 Lower level needs are missed
 Wide ranges of staff need skills to engage
 Skills around food and saving money
 Connecting charities with similar issues
 Digital Inclusion projects

Libraries as a starting point for walking/activities
 Nordic walking groups & walk leader training
 Networking people/ agencies
 Schools activities during hols
 Promote what's on at the door step
 Walking school bus- reach out to people
 Barriers- remove obstacles for participation
 Improve sense of ownership

Make use of people's skills/database of volunteers
 Volunteer turnout- too much pressure on volunteers
 Caseloads of volunteers can be substantial.
 Barrier is transport in rural areas – bus link is key.
 Need to use skills people have developed for volunteering.
 Connecting with pharmacies – most are up for connecting with social care issues
 Carers Count information available at surgeries

Assets should: Provide opportunities for people to have a say, Build people's skills and knowledge, Enable people to interact more with others, help build self resilience, be clear how people can access assets, communicate their offer to their target audience, be aware of barriers to access for people.