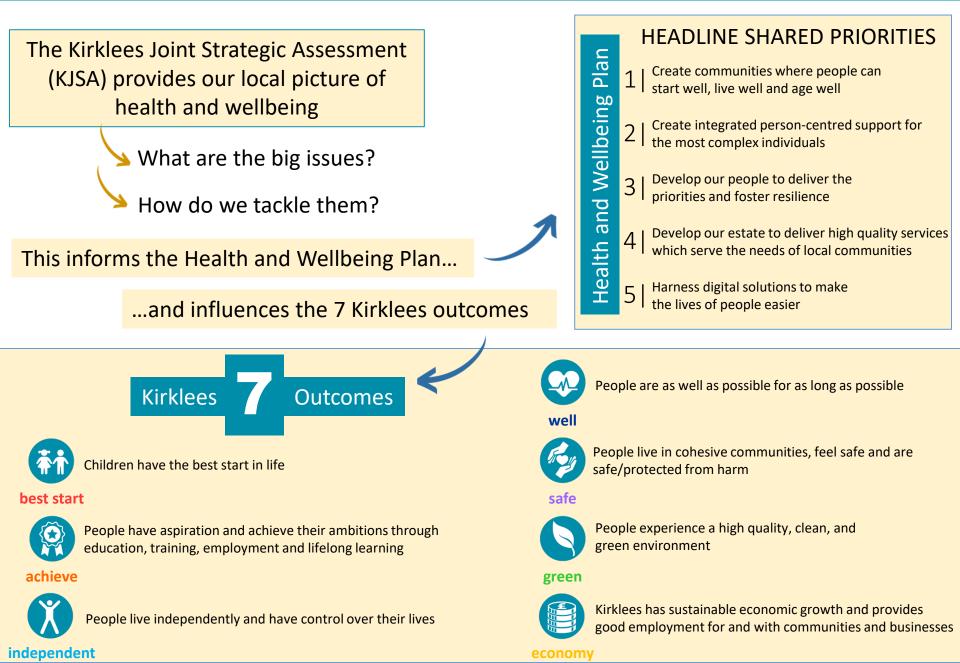


Kirklees overview

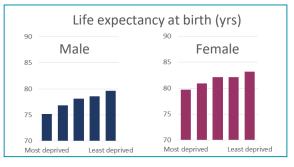


Wider determinants of health

As little as of a population's **health and wellbeing** is linked to access to health care

Wider determinants are a diverse range of **social**, **economic and environmental factors** which impact on people's health. Social determinants of health are the conditions in which people are born, grow, live, work and age. These circumstances are shaped by the distribution of money, power and resources.

Socioeconomic Status: There is a clear social gradient for all health indicators, including life expectancy





Education: There is a strong correlation between children's socioeconomic environment and educational attainment, which in turn is linked to better health outcomes. It can determine future employment and income, which can also determine an individual's overall health outcomes.





Physical Environment: Our local environment impacts
directly on our health – from adverse weather conditions to exposure to air pollution, access to green spaces and safe spaces to walk and cycle, and the housing and neighbourhoods we live in



 Social Environment: Support from family,
friends and the local community helps prevent isolation and loneliness,
contributing to good mental wellbeing and therefore improving overall health



Impact of wider determinants

Those living in the **most deprived areas** are **4 X more likely** to say their **health is bad/very bad** compared to those living in the least deprived areas

Those living in most **deprived** areas:



Less likely to regularly use green spaces

More likely to be overweight/obese (adults and children)

More likely to worry about money

More likely to feel lonely/isolated

Less likely to feel confident managing their health

Those with **lowest household income** (under £20k):



2 X more likely to smoke

Those in social rented housing more likely to have...



- **Respiratory issues**
- Fallen and hurt themselves in the
- last year

Those living in the **least deprived areas** are more likely to have higher educational attainment, be employed and have higher incomes, and experience a range of better health outcomes compared to those in the most deprived areas

People with higher **education** levels:

- More likely to feel confident managing their health
- More likely to report good/very good health
- Less likely to have a longterm condition



Those in **employmen**

More likely to eat 5+ portions of fruit/veg per day

Place



Those dissatisfied with their local

area are more likely to feel their

home isn't suitable for their needs

Those who are **satisfied** with their local

more likely to report having

less likely to feel lonely/isolated

good/very good health

Solution Those feeling their home isn't suitable for their needs are

more likely to be dissatisfied

with their local area

Showcasing... Local Assets

A wealth of countryside, green spaces and parks...



Kirklees outcomes

green

...and heritage sites and historic and cultural venues



A highly rated **University**, high performing educational establishments and many third sector lifelong learning groups, networks and activities

Leisure centres which have over 3 million visits a year – 1 in 10 Kirklees citizens are members of KAL

A thriving volunteer network



Community hubs bringing schools, families and local communities together to achieve shared outcomes



World-leading engineering and manufacturing companies

Good road and rail connections

and short commuting distances

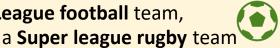
A Premier League football team,





area are...

Good spatial planning is integral to creating healthy environments



and an active network of VCS

sports groups and activities



Diversity

There are approximately **440,000** people in Kirklees. Of these...

570/0 are Christian

Kirklees has a very varied and diverse population. Different demographic and socioeconomic groups in society can experience great differences and inequalities in outcomes.

This means that someone's chances of experiencing good outcomes is affected by their age, gender, ethnicity, whether they have a disability, etc.

Around half the population are **female** and half are **male** It is estimated that 0.6% of the population are transgender

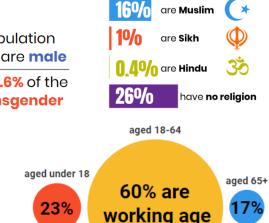
Around

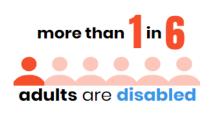
2%

are

LGB

8,800







Diversity & inequalities example: ethnicity

74,800

Kirklees ethnic groups

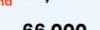
White	79.1%
Pakistan	ni 6.1%
Indian	4.9%
Kashmir	i 4.5%
Mixed	2.3%
Black	1.9%
Other	1.2%



significantly lower average household incomes

92,400 66,000

101,200

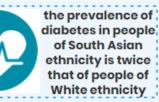


264,000

People from ethnic minority backgrounds are more likely to experience worse outcomes than the overall population....

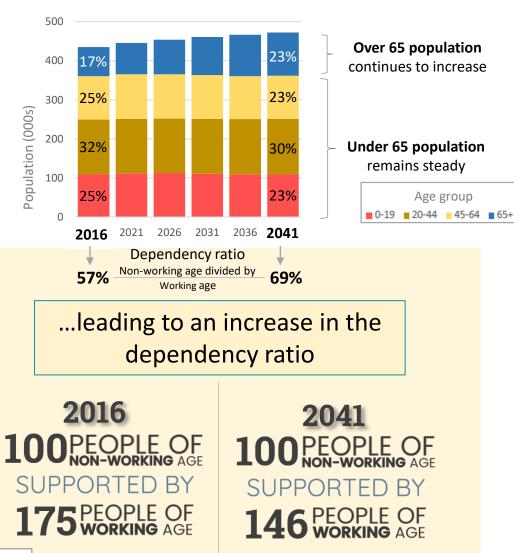
more likely to experience fuel poverty

worse health outcomes and greater risk of certain diseases

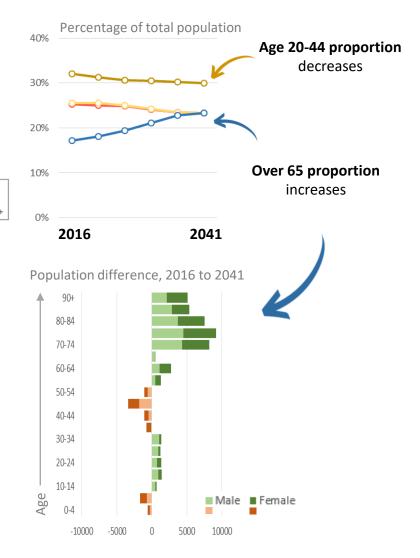


The changing population

The number of older people in Kirklees is predicted to rise...

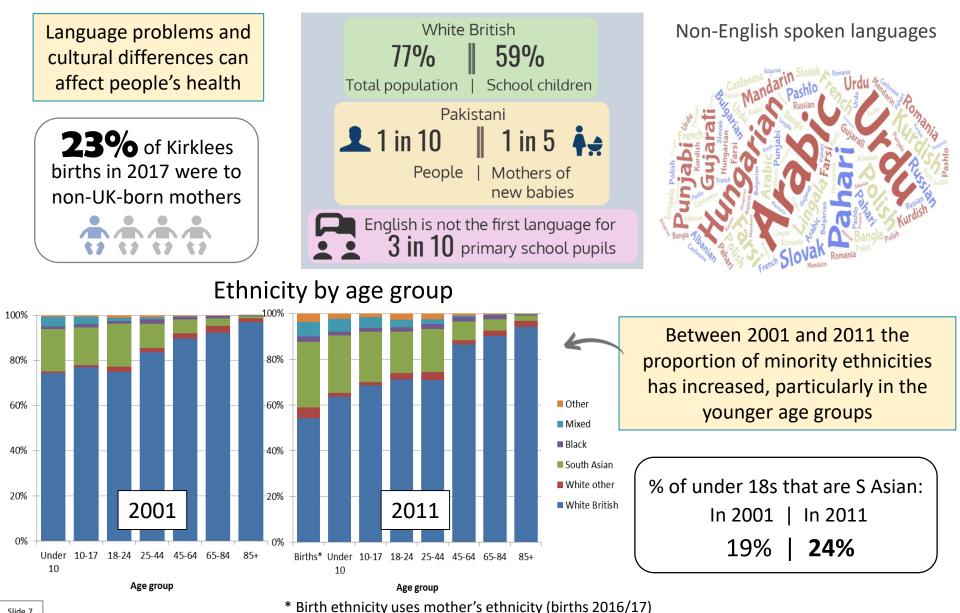


...and the proportion of working age people will decrease...

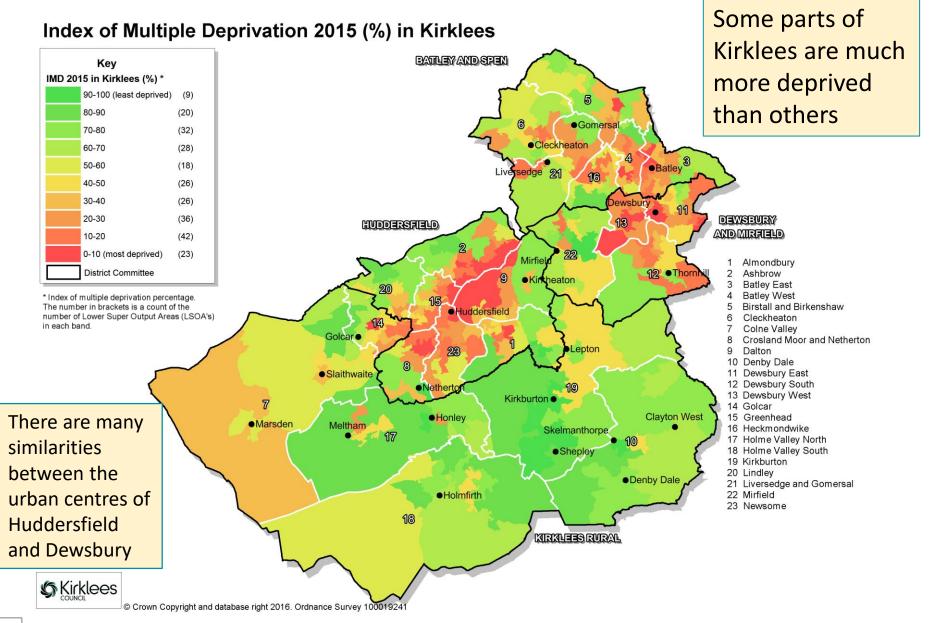


Ethnicity

Kirklees has an ethnically diverse population, and the ethnic profile continues to change



Understanding inequalities



Inequalities in life and healthy life expectancy

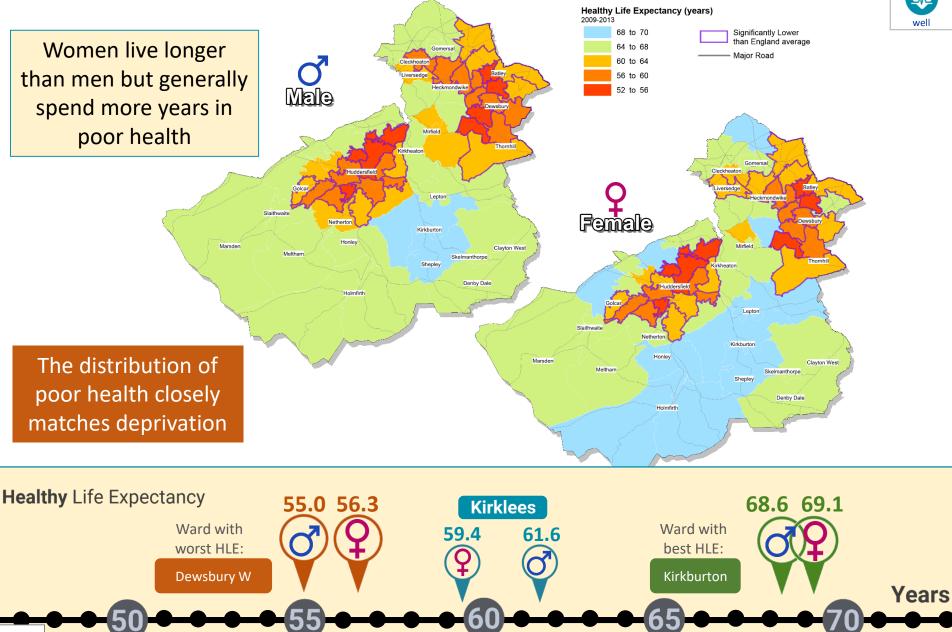
Kirklees outcome



In some wards, people will spend on average more than **20 years** in poor health **&** most people will spend part of their working life in poor health

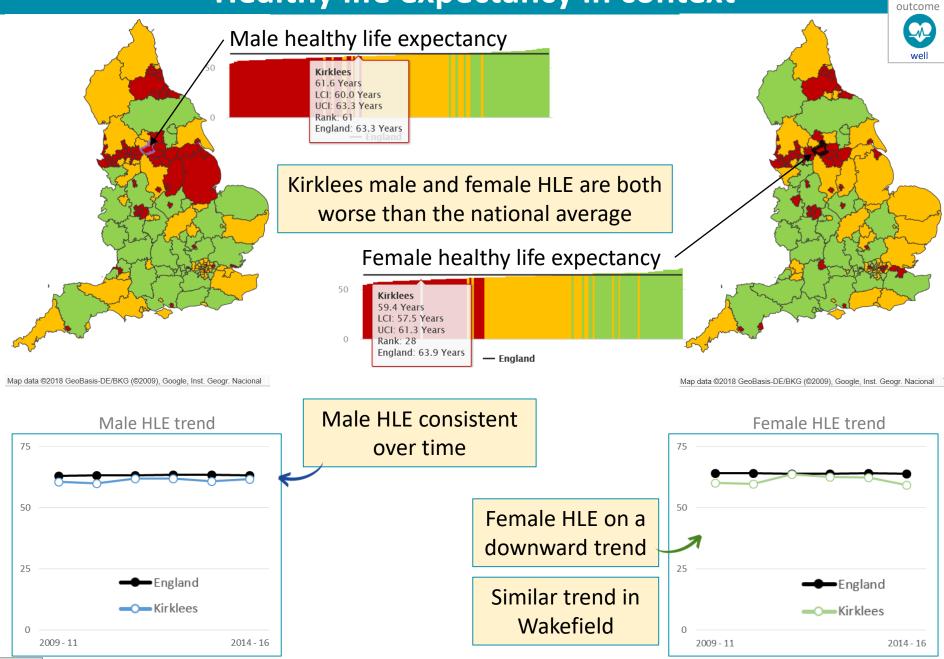
Healthy life expectancy (HLE)





Healthy life expectancy in context

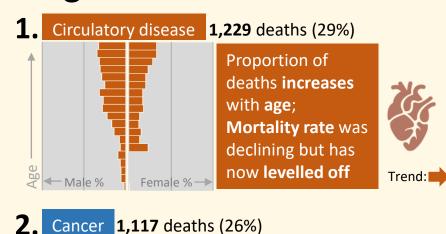
Kirklees

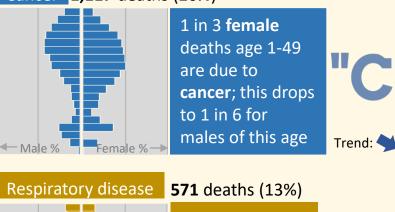


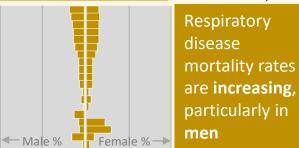
Causes of death

There are **4,234** deaths per year on average in Kirklees

The **6** major causes of death in Kirklees



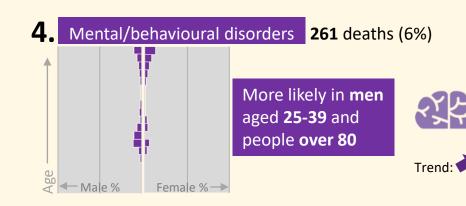


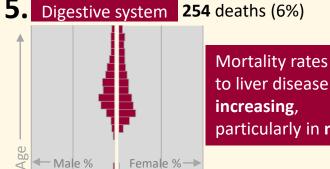






b.





Mortality rates due to liver disease are particularly in men

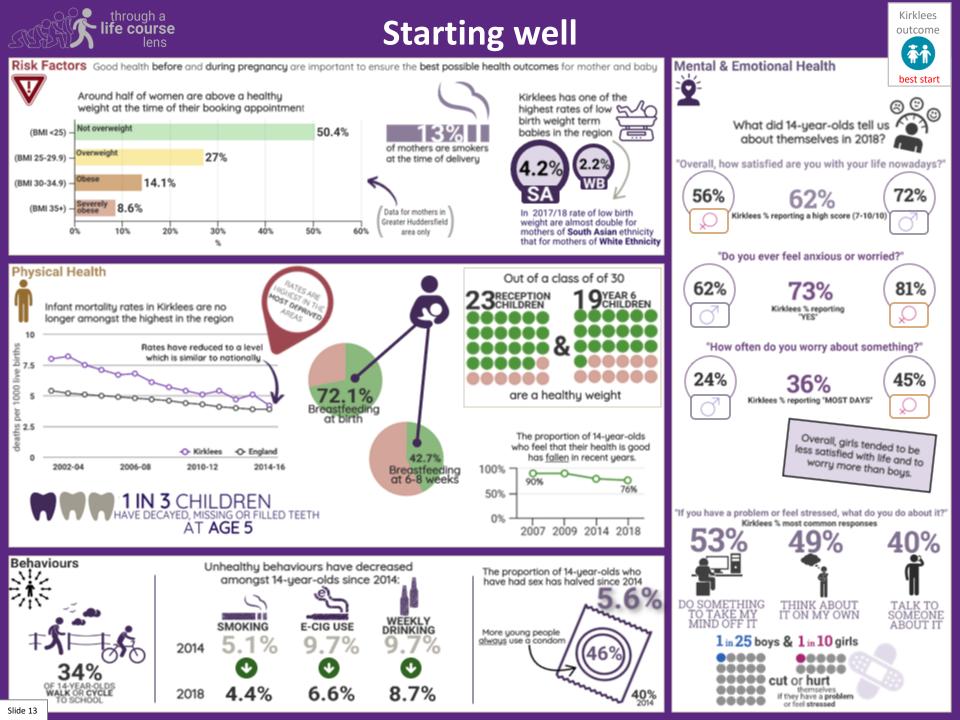




Young men are much more likely to die from external causes (e.g. accident, assault, suicide)



3.



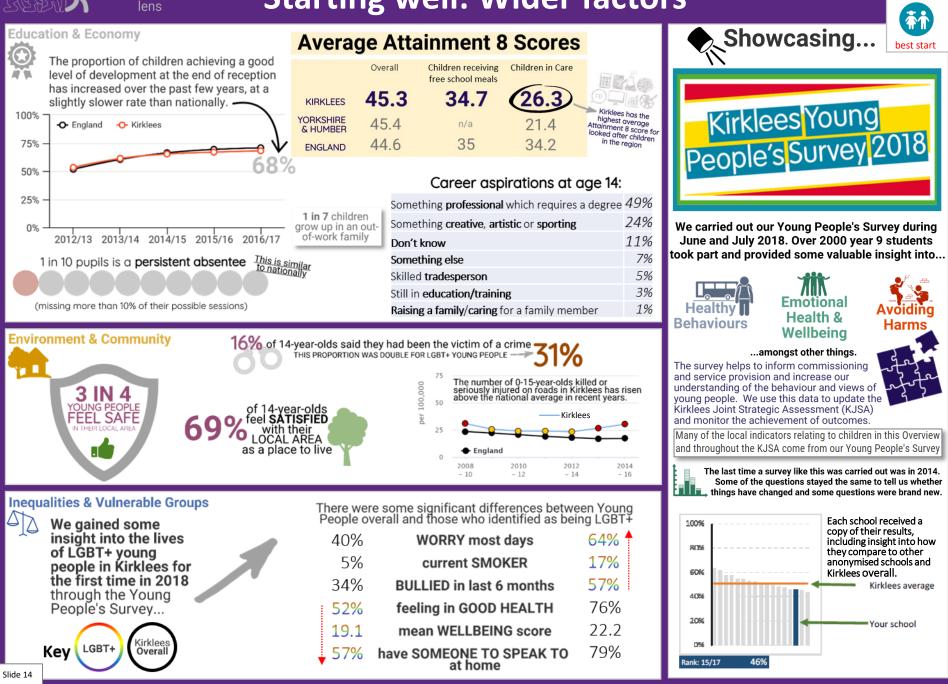
Starting well: Wider factors

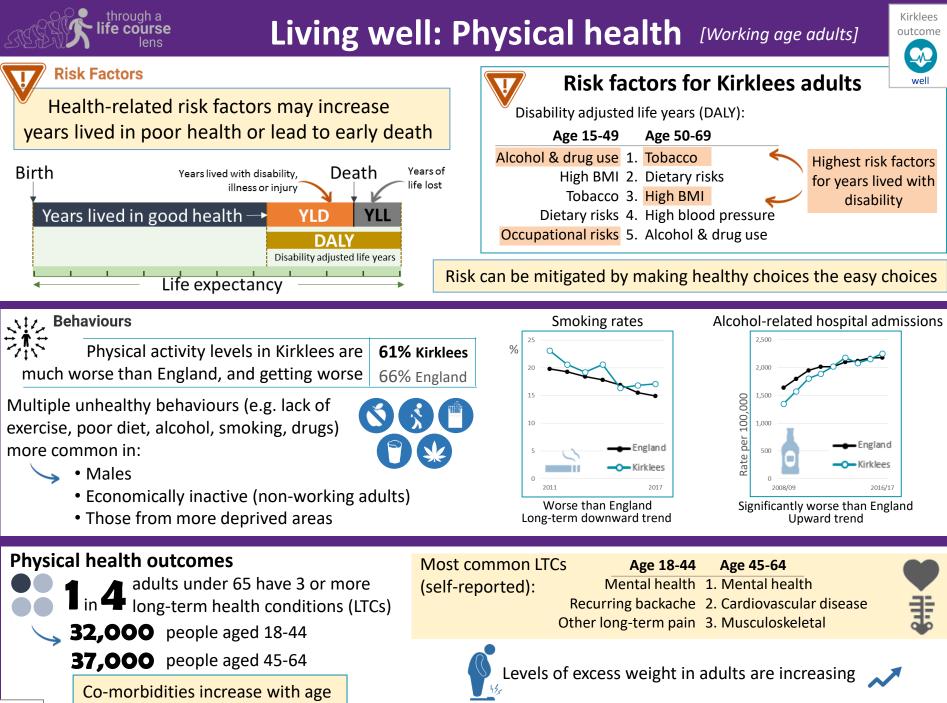
Kirklees

outcome

through a

life course





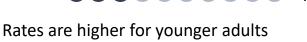


Living well: Mental health



Anxiety or depression affects **3** in **1**



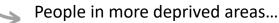


and those who are not physically active



Z in **B** adults who never exercise have a mental health condition

Levels of emotional wellbeing are lower for:



...and those that are socially isolated



Levels of happiness are lower for

those with a long-term health condition



Published in January 2018, to support commissioning of health and wellbeing services across Kirklees



Key findings:

- Promote mental wellbeing and prevention of poor mental health
- Integration across and between services
- Holistic treatment of the person
- Clear pathways and access
- Utilise third sector assets
- Reduce mental health stigma



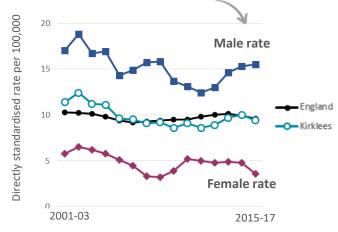
Showcasing... Reducing suicide rates

Kirklees suicide rates have increased in recent years; rates are currently **four times higher** for males than for females

Kirklees

outcome

well



Kirklees is working with **West Yorkshire Police** and health partners to pilot a 'realtime surveillance' scheme for suspected suicides. This will provide valuable insight to help reduce the risk of further suicides





World-leading research at the **University of Huddersfield** is using predictive modelling to identify those at highest risk of suicide

http://www.kirklees.gov.uk/beta/delivering-services/pdf/HNA-report.pdf



Living well: Wider factors

Education & Economy

Median gross household income:

Kirklees: **£29,222** | *England: £32,090*



Ward range: £20,744 (Newsome) to £43,035 (Kirkburton)

8,475 unemployment benefits claimants (3.1% of working age people)

Around **30%** of working age people do some kind of volunteering



Kirklees has over 100 registered and **1000+** unregistered voluntary organisations

Around **20,602** people age 18-64 6,063 are severely physically disabled have a **moderate** physical disability 6,451 have a learning disability



△ Inequalities & Vulnerable Groups

Working-age carers have:

- Lower emotional wellbeing
- Lower life satisfaction
- Poorer general health



- Adults with a disability are much more likely to:
- Have low life satisfaction
- Worry about money
- Have a household income below £10k







Kirklees outcomes

Kirklees Council and partners are commissioning and designing an Integrated Wellness model.

This approach will help adults build their capacity to maintain good health and be independent



Our Wellness Model takes a holistic, personcentred and community approach to improving health and wellbeing

We've collated and commissioned specific insight on health and wellbeing, including views on barriers, motivators and support

The model brings together individual health improvement services and resources into one integrated approach

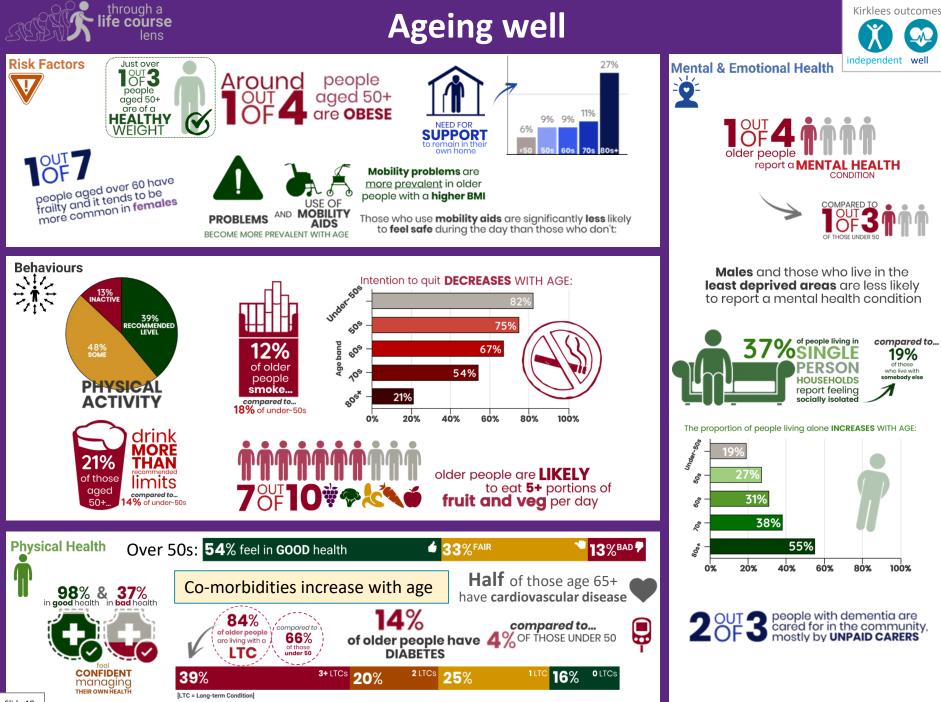
The first phase goes live in April 2019, with further elements phased in over the subsequent year



Diabetes and asthma rates are strongly correlated with deprivation

> Confidence managing health increases as deprivation decreases

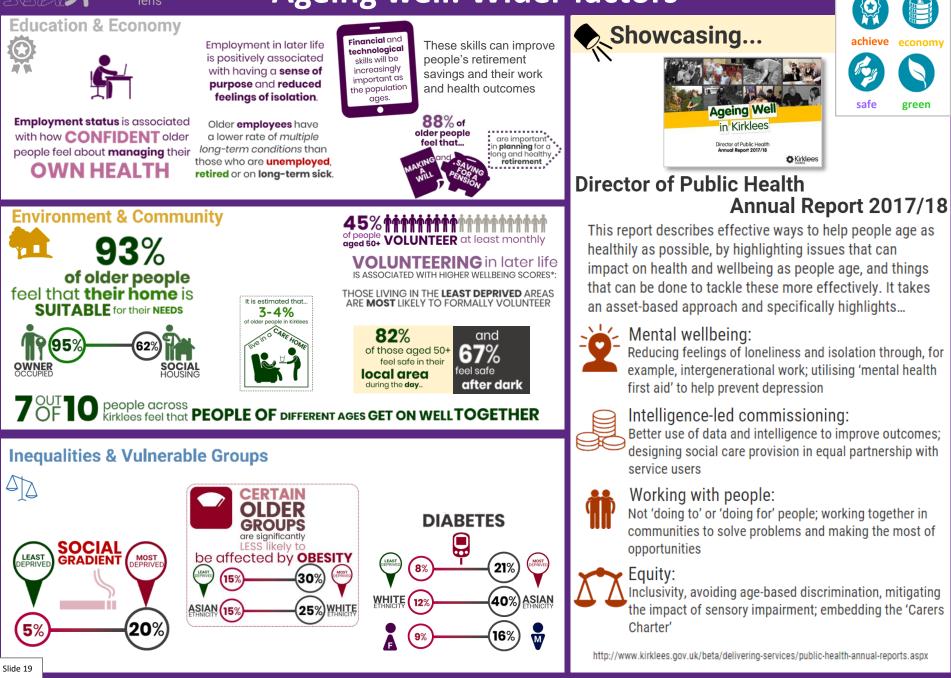






Ageing well: Wider factors

Kirklees outcomes



In summary: In Kirklees we have...

... some fantastic local strengths/ assets and unique features:

- A culturally diverse population with large numbers of resilient, motivated and active citizens
- A wealth of countryside, green spaces and heritage and cultural venues
- High performing educational establishments and world-leading engineering/manufacturing companies
- Good road and rail connections and short commuting distances to work
- Top-flight sports teams and an active network of VCS sports groups and activities
- Many networks of volunteers and carers contributing to improved health outcomes for individuals, groups and communities
- A thriving network of community hubs
- Amongst the lowest pupil absence rates and highest childhood vaccination rates in the region

... some key health and wellbeing challenges:

- Amongst the highest rates of low birth weight of term babies in the region
- Lower emotional wellbeing, and more negative coping mechanisms, amongst teenage girls (compared to boys)
- Increasing numbers of children and adults who are overweight/obese and physically inactive (one of the worst adult physical activity rates in the region)
- Large numbers of people with multiple risky behaviours, poor social support networks and low motivation levels
- Rising male suicide rates
- Increasing numbers of older people with complex health and social care needs
- An increasing dependency ratio
- Increasing inequalities in key health and wellbeing indicators and a recent decrease in female healthy life expectancy
- Low wages, low skill levels and a shortage of affordable housing
- Areas with poor air quality (linked to traffic congestion) which contributes significantly to poor health and premature deaths

So we need to...

... build on our strengths and assets to:

- Ø
- Ensure changes are driven by community **assets** and strengths to achieve positive and sustainable outcomes for **people** and **places**



Work **with** citizens to co-produce solutions rather than doing things 'to' or 'for' people



Support **place-based** approaches to finding local solutions which build on community assets and what's already working well



Work with all Kirklees **Partners** to improve health outcomes and embed '**Health in all Policies**'

Work with Kirklees **Partners** to develop and implement '**whole system**' approaches to health and wellbeing (e.g. tackling obesity, developing an **integrated** Health & Social Care system)

... tackle our health and wellbeing challenges by:

- Prioritising the reduction of health inequalities through targeted interventions that reach individuals and communities most in need
 - Ensuring access to decent **housing**, good **work** and safe and cohesive **neighbourhoods**



Shifting activity from reaction to **prevention** and **early intervention** across the life course, with particular emphasis on the first 1000 days of a child's life



- Creating environments that enable healthy behaviours (making **healthy choices** the easy choices)
- 🕑 ¦
 - Harnessing **technology** to promote **independence** and resilience across the life course



Focusing on achieving shared **outcomes** and monitoring what **difference** we are making rather than how much we are doing

Data sources: Slides 1-12

Slide	Description	Source
2	Proportion of wellbeing linked to health care access	McGovern L, Miller G, Hughes-Cromwick P. Health Policy Brief: The relative contribution of multiple
	Life expectancy by deprivation quintile	determinants to health outcomes. Health Affairs. 21 August 2014 Mortality from Primary Care Mortality Database, 2015-17; Population from ONS mid-year estimate (2016); Index of Multiple Deprivation 2015
3	Wider determinants	Current Living in Kirklees (CLiK) adult population survey (2016)
4	Satisfied with local area/home Deaths attributable to air pollution KAL membership	CLiK 2016 DEFRA/Air Pollution and Climate Change Group Public Health England, 2018 Kirklees Active Leisure, November 2018
5	Demographics Inequalities	ONS: Census 2011, 2017 mid-year population estimates, sexual identity report 2016 (available <u>here</u>); Gender Identity Research and Education Society report 2009 (available <u>here</u>); DfE pupil characteristics from school census January 2016 (available <u>here</u>) CLIK 2016
-		
6	Actual population (2016) Projected population (2021-2041)	ONS mid-year population estimates 2016 ONS projections (2016 base)
7	Population ethnicity Mother of new baby ethnicity Mother's country of birth School children ethnicity, non-English first language Non-English spoken languages	ONS, Census (2001, 2011) Calderdale & Huddersfield Foundation Trust, Mid-Yorkshire Health Trust (2017/18) ONS live births 2017 (available <u>here</u>) DfE school census (Jan 2018) Information from Kirklees Council Community Languages Service (interpreter requests 2017/18)
8	Index of Multiple Deprivation 2015	Department for Communities and Local Government
9	Ward-level life expectancy Ward-level healthy life expectancy	Mortality from Primary Care Mortality Database, 2015-17; Population from ONS mid-year estimate (2016) Data from ONS, 2009-13 (available <u>here</u>)
10	Healthy life expectancy	Data from ONS (2009-13) by Middle Layer Super Output Area (vial <u>localhealth.org</u>)
11	Male and female Kirklees-level healthy life expectancy	Data from ONS 2014-16 (via Public Health Outcomes Framework)
12	Mortality rates, causes of death	Primary Care Mortality Database (2008-2017)

Data sources: Slides 13-20

Slide	Description	Source
13	Healthy weight at booking Smoking status at time of delivery, low birth weights Infant mortality rates Decayed, missing or filled teeth (5-year-olds) Breastfeeding at birth Breastfeeding at 6-8 weeks Healthy weight Reception and Year 6 children Indicators for 14-year-olds	Calderdale & Huddersfield Foundation Trust, Kirklees wards (2017/18) Calderdale & Huddersfield Foundation Trust, Mid-Yorkshire Health Trust (2017/18) ONS, taken from Public Health Outcomes Framework National Dental Epidemiology Programme for England: oral health survey of 5-year-old children 2016/17 Calderdale & Huddersfield Foundation Trust, Mid-Yorkshire Health Trust (2017/18) Calderdale & Greater Huddersfield Child Health; Locala Child Health (2017/18) National Child Measurement Programme (2017/18) Kirklees Young People's Survey 2018
14	Good level of development at end of Reception Persistent absenteeism Attainment 8 scores Children in out-of-work families Indicators for 14-year-olds Children killed or seriously injured on roads	Department for Education (DfE), EYFS Profile: EYFS Profile statistical series Kirklees Council, Department for Children, Schools and Families (DCSF), 2016/17 Overall and FSM: Kirklees Council, Department for Children, Schools and Families (DCSF), 2016/17 Children in care: Department for Education, 2016/17 Department for Work and Pensions, 2016 Kirklees Young People's Survey 2018 Department for Transport (DfT), Road accidents and safety statistics (via PHE Public Health Profiles)
15	Risk factors Smoking rates Alcohol hospital admissions Physical activity levels and excess weight prevalence Multiple unhealthy behaviours, LTCs/health outcomes	Global burden of disease study 2017, Institute for Health Metrics and Evaluation (available <u>here</u>) Annual Population Survey (via <u>PHE Public Health Profiles</u> for Kirklees) Hospital admissions partly attributable to alcohol (broad definition, directly standardised rate per 100,000 population) calculated by PHE (via <u>Local Alcohol Profiles for England</u>) Active Lives Survey, Sport England, 2016/17 (via PHE Public Health Profiles for Kirklees) CLIK 2016
16	Anxiety/depression, emotional wellbeing, happiness Suicide rates	CLiK 2016; <u>Kirklees Mental Health and Wellbeing Needs Assessment</u> ONS (via PHE Public Health Profiles for Kirklees)
17	Median gross household income Unemployment benefits claimants Volunteering, local area indicators, inequalities Numbers of people with disabilities Tenancy	CACI Ltd (Paycheck model) 2018, taken from <u>Kirklees Observatory</u> Jobseekers Allowance and out of work Universal Credit claimants (% of all working age people) September 2018, taken from Kirklees Observatory CLiK 2016 Projecting Adult Needs and Service Information System (PANSI, <u>www.pansi.org.uk</u>), 2017 ONS, Census 2011
18	Frailty All other figures	NHS England. Older people living with frailty [Internet]. [cited 2018 Jul 6]. Available <u>here</u> CLiK 2016
19	Proportion living in care home All other figures	<u>Kirklees Director of Public Health Annual Report 2017/18</u> CLiK 2016
20	Pupil absence rates Childhood vaccination rates	Public Health Outcomes Framework, 2016/17 Public Health Outcomes Framework, 2017/18