Mental Health Intelligence Summary: Dewsbury

Introduction

- These packs were compiled by the Public Health Intelligence team at Kirklees Council to give an overview of population indicators related to mental health. Additional information around diagnosed mental health conditions is available at GP practice level if required, although it should be noted that many people with mental health issues may not have a formal diagnosis.

- Most of the adult indicators are taken from the 2016 CLiK survey (sample size: 8,500 people) – this data has been aggregated to place level, but could be split by ward. Due to the sample size, data cannot be meaningfully presented at a smaller geographical level than ward.

- Most of the child indicators are taken from the 2018 Kirklees Young People's Survey of Year 9 pupils (sample size: 2,000, representing around 40% of all Year 9 pupils) – this data has been aggregated to place level. Due to the lower sample size, data cannot be meaningfully presented at a smaller geographical level than place.

Mental Health:
Risk (⊟), Protective (⊞) and Associated Factors

LOCAL ECONOMY & ENVIRONMENT *(Where we live, our opportunities and finances)*

- Access to green space
- Satisfaction with local area
- Opportunities to keep learning
- Use of technology
- Low income
- Homelessness
- Unsuitable housing
- Good employment
- Youth unemployment
- Deprivation and poverty
- Unemployment

LOCAL COMMUNITIES *(Our interactions with others)*

- Volunteering
- Gypsy Roma Travellers
- Living alone
- Social isolation
- Feeling safe in local area
- Support networks
- Being bullied

ACTIVITIES *(Things we do and experience)*

- Intentional self-harm
- Suicide
- Financial worries
- School stress
- Active travel
- Caring responsibility
- Social media

LIFESTYLE *(Health-related behaviours)*

- Physical activity
- Weight/ appearance
- Substance misuse
- Drinking alcohol
- Risky sexual behaviour
- Smoking

INDIVIDUAL *(Things that shape who we are)*

- Living with a long-term condition
- Physical ill health and disability
- State looked-after children
- Genetic predisposition
- Sexual orientation
- Asylum seekers/refugees
- Sex/gender
- Parental substance misuse
- Early attachment
- Victims of abuse
- Age
- Parental Mental Health
- Childhood experiences
- Offenders
- Ethnicity
- Perinatal mental health
- Relationship status
- Bereavement

LOCAL ECONOMY & ENVIRONMENT
LOCAL COMMUNITIES
ACTIVITIES
LIFESTYLE
INDIVIDUAL
HEALTH & SOCIAL CARE

Geography

Legend

Kirklees Places
- Batley Birstall & Birkenshaw
- Colne Valley
- Dewsbury
- Huddersfield Central
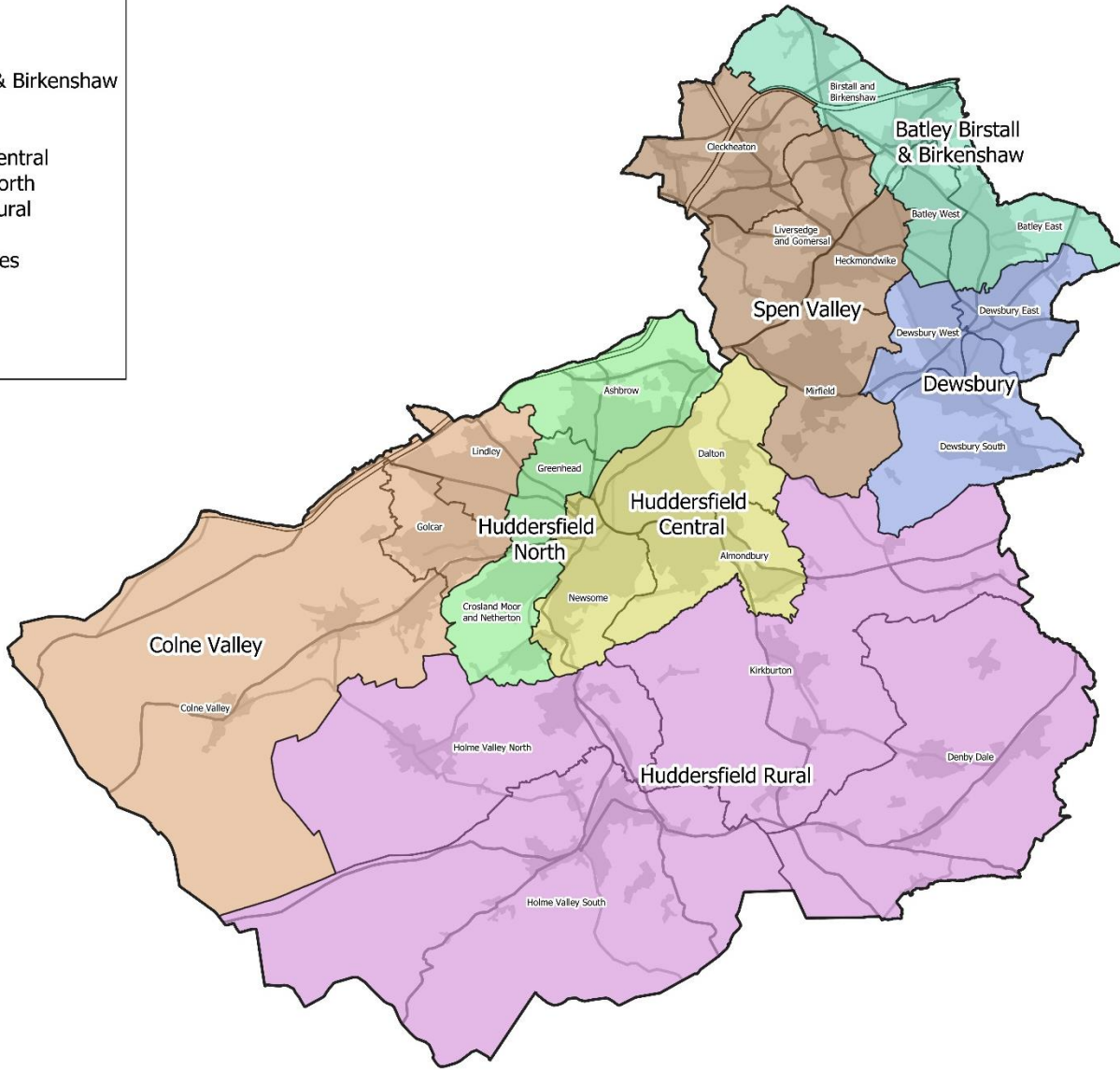- Huddersfield North
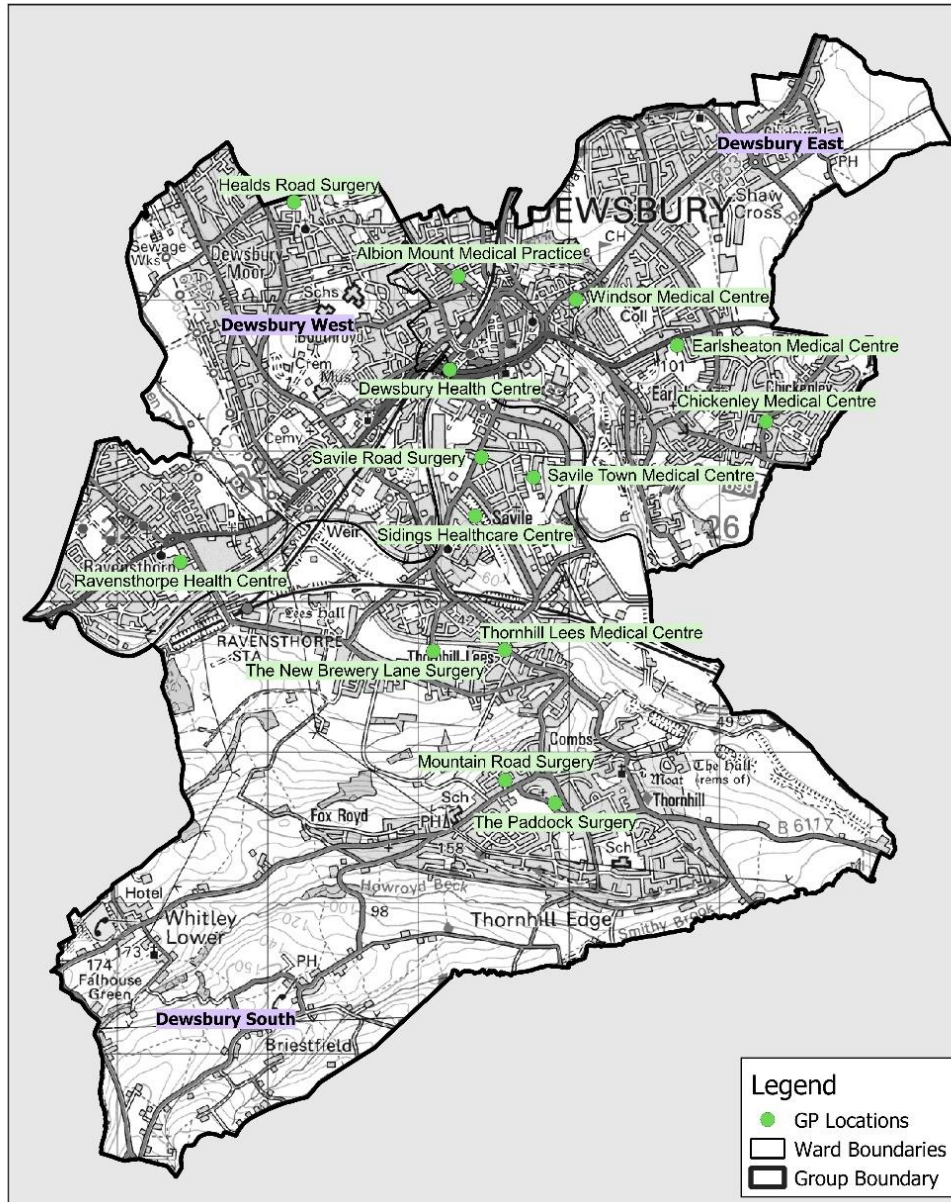- Huddersfield Rural
- Spen Valley
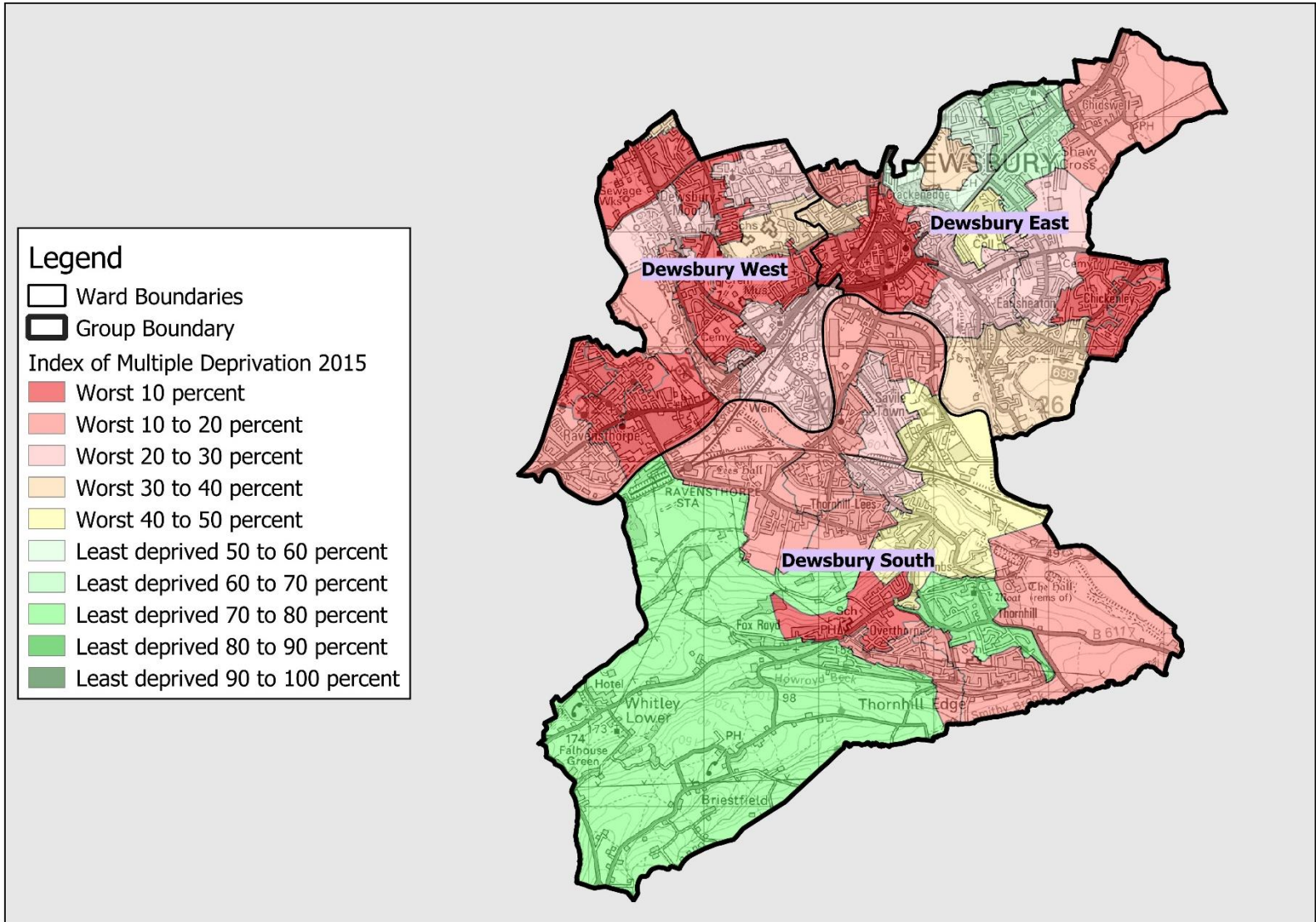- Ward Boundaries
- Urban Areas
- Motorways
- A Roads
- B Roads

Geography

Dewsbury

Index of Multiple Deprivation

Legend

- ☐ Ward Boundaries
- ▢ Group Boundary

Index of Multiple Deprivation 2015
- Worst 10 percent
- Worst 10 to 20 percent
- Worst 20 to 30 percent
- Worst 30 to 40 percent
- Worst 40 to 50 percent
- Least deprived 50 to 60 percent
- Least deprived 60 to 70 percent
- Least deprived 70 to 80 percent
- Least deprived 80 to 90 percent
- Least deprived 90 to 100 percent

Dewsbury East

Dewsbury West

Dewsbury South

Dewsbury Summary

Strengths (indicators significantly better than Kirklees average):

- Low proportion of adults exceeding recommended drinking levels
- Low proportion of young people worrying most days
- High proportion of young people say they talk to someone if they have a problem
- Low levels of young people drinking alcohol monthly
- Low proportion of young people who have been recently bullied

Challenges (indicators significantly worse than Kirklees average):

- High levels of adults reporting low life satisfaction, low happiness and feelings of anxiety, depression and loneliness
- Lower proportion of adults who are resilient
- Lower proportion of adults who are socially connected, and this trend has been worsening
- Lower levels of adults who are satisfied with and feel safe in their local area
- Lower levels of adults using green spaces
- Lower than average household incomes and high numbers of people worrying about money
- Above average levels of smoking, although this trend is significantly improving
- High levels of obesity
- High proportion of people say their housing is unsuitable for their needs
- Very low levels of young people using active travel (walking or cycling) to get to school
- High levels of children living in poverty

Demographics

POPULATION SIZE:

Dewsbury East Ward:	19515
Dewsbury South Ward:	19291
Dewsbury West Ward:	21767
Dewsbury:	**60573**

AGE PROFILE:

	0-18	19-44	45-64	65+
Dewsbury East Ward:	23.6%	34.3%	25.8%	16.3%
Dewsbury South Ward:	28.5%	33.9%	23.5%	14.2%
Dewsbury West Ward:	33.9%	38.5%	18.9%	8.7%
Dewsbury:	**28.8%**	**35.7%**	**22.6%**	**12.9%**
Kirklees:	24.1%	33.2%	25.9%	17.8%

ETHNICITY:

	White	Asian/Asian British	Black/African/ Caribbean/ Black British	Mixed/ multiple ethnic group	Other ethnic group
Dewsbury East Ward:	84.1%	13.7%	0.5%	1.6%	0.2%
Dewsbury South Ward:	53.0%	45.0%	0.3%	1.1%	0.4%
Dewsbury West Ward:	48.0%	48.4%	0.7%	2.4%	0.5%
Dewsbury:	**61.4%**	**36.0%**	**0.5%**	**1.7%**	**0.4%**
Kirklees:	79.1%	16%	1.9%	2.3%	0.6%

Dewsbury

Adult Mental Health Indicators

	Dewsbury	Trend (where available)	Kirklees
Self-reported mental health condition	30%	⬆	29%
SWEMWBS*	22.3	▲	22.9
Low life satisfaction	42%	▼	34%
Low happiness	40%	⬇	35%
Resilience - bounce back quickly	58%		64%
Feeling slightly/moderately anxious or depressed	37%	▲	35%
Feeling extremely/severely anxious or depressed	8%	▲	6%
Average annual hospital admissions for self-harm per 100,000 (2013/14 - 17/18)	182	no significant change	178

*SWEMWBS, is the Short Warwick-Edinburgh Scale, which measures someone's mental wellbeing by asking them 7 questions about their thoughts and feelings. Scores range from 7 to 35; a higher score indicates higher positive mental wellbeing.

Significantly better than Kirklees average

Slightly better than Kirklees average

Similar to Kirklees average

Slightly worse than Kirklees average

Significantly worse than Kirklees average

Trend key: ⬆ Significant increase ⬇ Significant decrease — Red indicates worsening

▲ Slight increase ▼ Slight decrease — Green indicates improving

Dewsbury

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Adults: Protective Factors

Trend key: ⬆ Significant increase ⬇ Significant decrease ▲ Slight increase ▼ Slight decrease

Red indicates worsening
Green indicates improving

	Dewsbury	Trend (where available)	Kirklees
Socially connected adults	82%	⬇	87%
Working-age adults qualified to Level 2	53%	▼	65%
Achieve recommended physical activity	38%	no significant change	37%
Satisfied with local area	75%		88%
Feel safe in local area during the day	78%		88%
Feel safe in local area after dark	51%		65%
Use green space at least monthly	60%		67%
Volunteering levels	42%		44%

Adults: Risk Factors

	Dewsbury	Trend (where available)	Kirklees
Feeling lonely all/most/some of the time	37%	↑ (red)	28%
Unemployment	4.5%	↑ (red)	3.2%
Median gross annual household income	Dewsbury East: £25404 Dewsbury South: £26957 Dewsbury West: £23098	no significant change	£29,222
Financial worries	28%	▼ (green)	22%
Smoking	20%	↓ (green)	15%
Exceed recommended drinking levels	12%		17%
Overweight (including obese)	56%		56%
Obese	26%	↑ (red)	22%
Adults with 3+ long-term conditions	32%	↑ (red)	29%
Adults with a disability (self-reported long-term health condition affecting daily activities)	35%	↑ (red)	35%
Housing unsuitable for needs	16%	↑ (red)	11%
Working age (18-64) adults living alone	21%	▲ (blue)	22%
Older people (65+) living alone	37%	↓ (blue)	40%
Carers	17%	▼ (blue)	17%
LGB	4%	↑ (blue)	4%

Dewsbury

Young People's Indicators

		Dewsbury	Trend (where available)	Kirklees
Mental and emotional health	Low life satisfaction	19%		16%
	Low happiness	18%		20%
	SWEMWBS	22.9	⬆	22.6
	Worry most days	30%		35%
	Cut/hurt themselves if they have a problem	5%		7%
Protective factors	Talk to someone if they have a problem	53%		45%
	Well supported at home	92%		91%
	Well supported at school	75%		72%
	Active travel	11%		36%
Risk factors	Worried about getting enough 'likes' on social media	8%		13%
	Feel they are missing out when they see things on social media	19%		28%
	Drinking alcohol monthly or more	6%		19%
	Bullied in the last 6 months	27%		33%
	Children living in poverty	24%	🔺	18%
	Young carers	15%	⬆	12%
	LGBT+	7%		9%
	Young people with a disability (self-reported long-term health condition affecting daily activities)	12%	🔻	12%

Local assets

There is a wide range of community assets in Dewsbury which contribute to community resilience and can provide support to those with mental health issues.

There are a number of mental health specific assets. The following are assets that Community Plus are aware of or work with:

- TakeTen – mental health and suicide peer support group

- [Andy's Man Club](#) – support group for men, focusing on male suicide prevention

- Women's Centre Mental Health and Wellbeing Service – weekly drop in sessions at Empire House

- Words in Mind – bi-monthly at Dewsbury library

- Bramwell Sports – workshops for young people with mental health or emotional issues

Further data sources

Local Health (http://www.localhealth.org.uk)
Data available at: Local authority, CCG, Ward, Middle-level Super Output Area (MSOA)
Includes ward reports: Dewsbury East, Dewsbury South, Dewsbury West

Kirklees Observatory (http://observatory.kirklees.gov.uk/)
Data available at: Local authority, District Committee, Ward, LSOA
Includes ward profiles

Nomis (https://www.nomisweb.co.uk/)
Data available at: Local authority, Ward (+ some data at smaller geographies)
UK labour market statistics
Census data: Dewsbury East, Dewsbury South, Dewsbury West

Kirklees Joint Strategic Assessment web site

Kirklees Mental Health and Wellbeing Needs Assessment (Jan 2018)

Additional data

Selected indicators from 2016 CLiK survey and 2019 Young People's Survey, ward level:

2016 CLiK Survey - Adults	Dewsbury East	Dewsbury South	Dewsbury West	Kirklees
Mental health condition	31%	26%	31%	29%
Low life satisfaction*	41%	36%	48%	34%
Low worthwhile*	38%	34%	48%	32%
Low happiness*	38%	35%	47%	35%
3+ LTCs	33%	31%	32%	29%
Qualified to level 2 (all adults)	44%	50%	39%	55%
Hardly ever/never feel lonely	66%	68%	56%	72%
Satisfied with local area	78%	82%	64%	88%
Achieve recommended PA levels	40%	42%	31%	37%
overweight or obese	57%	50%	61%	56%
Feel safe during the day	81%	84%	69%	88%
Feel safe after dark	54%	55%	45%	65%

*Low scores based on scores of 0-6 (on a scale from 0-10)

2019 KYPS - Young people	Dewsbury East	Dewsbury South	Dewsbury West	Kirklees
Drink alcohol monthly or more	0%	9%	3%	18%
Low happiness*	9%	21%	10%	23%
Bullied in last 6 months	33%	39%	23%	38%
Worry most days	25%	35%	16%	35%

* Low score is 0-4 (on a scale from 0-10)

Mental Health indicators from national General Practice profiles:

2017/18	Calder View Surgery*	Dewsbury Health Centre*	Dr Mahmood & Partners	Eightlands Surgery*	Healds Road Surgery	Mount Pleasant Medical Centre	Ravensthorpe Health Centre	Savile Town Medical Centre	Slaithwaite Road Surgery	The Albion Mount Medical Practice	The New Brewery Lane Surgery	The Paddock Surgery	Windsor Medical Centre	North Kirklees CCG
Dementia: QOF prevalence (all ages) %	0.54	0.22	0.22	0.49	0.24	0.42	0.52	0.52	1.05	1.05	0.39	0.64	0.88	0.67
Depression: Recorded prevalence (aged 18+) %	17.23	10.49	10.49	12.88	11.27	12.38	15.66	15.66	8.22	8.22	7.68	9.52	9.90	11.01
Mental Health: QOF prevalence (all ages) %	1.26	1.20	1.20	1.56	1.04	0.94	0.90	0.90	1.22	1.22	1.09	1.06	1.42	0.94
Depression: QOF incidence (18+) - new diagnosis %	2.94	1.03	1.03	2.42	2.36	1.96	1.01	1.01	1.79	1.79	0.71	1.24	2.25	1.62

Significantly higher than North Kirklees CCG average
Significantly lower than North Kirklees CCG average

Dementia: QOF prevalence (all ages) %
The recorded dementia prevalence is the number of people with dementia recorded on GP practice registers as a proportion of the people (all ages) registered at each GP practice

Depression: Recorded prevalence (aged 18+) %
The percentage of patients aged 18 and over with depression, as recorded on practice disease registers

Mental Health: QOF prevalence (all ages) %
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses as recorded on practice disease registers

Depression: QOF incidence (18+) - new diagnosis %
The percentage of patients aged 18 and over with depression recorded on practice disease registers for the first time in the financial year

https://fingertips.phe.org.uk/profile/general-practice